

## Sigrun Olsen – Memorial Event on 28th April 2018



Around 200 people gathered to celebrate the life of Sigrun Olsen in a beautiful music hall in the Reykjavik area. Some of her close family members, friends and service companions spoke about beautiful memories with Sigrun and Lucinda Drayton came especially to Iceland to sing at the occasion. The event started and ended with recordings of Sigrun's voice guiding the souls into meditation. It was a very beautiful and unforgettable scene and many were deeply touched. The atmosphere was light and filled with gratitude for the life of this very special soul.

*Johanna, the Director of the Spirit of Humanity Forum and the chairman of the memorial service:*

I am blessed to have met Sigrun and becoming her friend. Sigrun touched my life in a very significant way. Therefore, this day is not only a day of grief but also a day of celebration. Just like Sigrun's life, this memorial service is really about the search for truth. It is difficult to talk about Sigrun without talking about Thor as well. They were such a harmonized team. Their relationship was truly unique. They devoted their lives in the search for truth and inspired others to join them on their journey. Their desire to help other souls was always at the core of their work.

*Three of Sigrun's oldest childhood friends: Bobba, Bibbí and Olga:*

As of today our friendship with Sigrun has lasted for 52 years. Our childhood was characterized by freedom and spontaneity. Sigrun's childhood home will always have a special place in our hearts. The home was overflowing with foreign goods and candy that was quite popular in those days. Sigrun had great humour and coloured

our friendship with lots of laughter. We used to get uncontrollable laughing fits when we were together. We also did a lot of dancing. We practiced old ballroom and folk dances as well as the more modern dance types. Occasionally we would go and perform at the local nursing homes for the elderly.

Sigrun was a very clear minded and determined person. She stood firm in her beliefs and never took the easy road out of any situation.

During her sick days, the "first war" as we call it, we saw yet another side to Sigrun. She introduced us to all sorts of new ideas for physical well-being such as the macrobiotic diet.

Sigrun was a true entrepreneur at heart. Along with Thor she founded The Health Improvement Program at Reykholar, a small town in the Western part of Iceland, where they served many Icelanders for years.

Thor was always her rock and stood by her in every aspect of life.

*Linda (Sigrun's sister):*

When I think about my sister, Sigrun, I feel such deep gratitude. I could always rely on Sigrun's support. Sigrun would oftentimes sense when something was troubling me, even while living in faraway countries. She would sometimes call me with concern in her voice, asking me what was wrong.

Sigrun had great humour and liked to laugh with others.

One of the many lessons Sigrun taught me was that as parents, our children don't really belong to us. We give birth to them but we don't own them, they own themselves.

Sigrun was close to all my four son's but she was especially close to my eldest (Brjánn).

*Brjánn (Sigrun's nephew):*

I am very blessed to have had such a great aunt in my life. During my childhood I spent a lot of time with both Sigrun and Thor. They looked after me and guided me through life. They were always loving to me, never frustrated or stern in their guidance.

The two words that stand out when I think about the two of them is trust and love.

*Br. Thor:*

I met Sigrun at the Stuttgart Art Academy in 1980. Meeting her for the first time, was a transcendent experience for me. I will never forget that moment. We became the best of friends for the next nine years, when deeper love entered our relationship that bonded us in marriage. From there we started our journey to higher consciousness. We travelled the world together, looking for a deeper meaning of life.

Sigrun had to take good care of her health after her cancer treatments and in those efforts we met entrepreneurs all over that proposed new ways of thinking and living. The first time we came to Madhuban we felt like we were coming home. It was a wonderful trip that gave birth to the Brahma Kumaris Centre (Lótus hús) in Iceland.

*Sr. Stefania:*

Sigrun was like my spiritual mother who raised me up on the spiritual path. One of the things I find most valuable about her was her emphasis on the true self. Sigrun was a very true soul, true to the core. She also influenced others to be authentic. She had the gift of connecting deeply with souls from all walks of life, whether they were politicians, artists, children etc. She would see through all the external roles and look straight into the heart of the soul. In her BK work, Sigrun specialized in doing deep, inner work to heal the soul from past trauma.

*Sister Lotta:*

I feel humbled when I talk about Sigrun, the great person that she was. What comes to my mind when I think about her is the first time I met her. I somehow felt she looked like an elf. A dignified, serene elf like the ones in The Lord of the Rings novels. Sigrun truly stood out in the crowd, wherever she went. She even stood out among other Brahmins.

*Eyþór Guðjónsson, a close contact soul:*

I walked into Lótushús (the BK centre in Iceland) for the first time in 2007. It felt immediately like a home. I became a close friend to Sigrun and Thor and remain so till this day. Sigrun had a transformational effect on my life. I could always be myself around her. I discussed things with her that I could never talk about with anyone else. Through her I got to experience Oxford and Madhuban and I will always be thankful for that.

*Maureen:*

Sigrun and Thor are very close to my heart. I came to know Sigrun well in my visit to Iceland in 2010. It was a very memorable time but what stands out is probably the trip to the Blue lagoon. Sigrun insisted that I take a dip and into the muddy, musky water we went and had a great time!

Sigrun was so authentic in all her relationships, and very selfless. She didn't want people to cling to her or depend on her. Instead she empowered people to claim their sovereignty. Her greatest joy was to bring others closer to God.

*Sister Jayanti in her video message:*

Sigrun's art has reached the BK centres all over the world. She has left a memorial in everyone's heart. She was very generous and shared the fruits of her creative talents with everyone.